



# Family Health India Annual Report 2023-2024



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## About FH India

FH India is a non-profit organization dedicated to improving the quality of life for marginalized communities in India. Operating under Section 8(25) of the Companies Act, FH India focuses on health, nutrition, water and sanitation, and integrated rural development in states with low development indices.

### Key Areas of Focus:

- **Health:** Addressing public health diseases and challenges in rural areas.
- **Nutrition:** Promoting healthy eating habits and improving nutritional outcomes.
- **Water and Sanitation:** Ensuring access to clean water and adequate sanitation facilities.
- **Integrated Rural Development:** Supporting comprehensive development initiatives in rural communities.

### Geographic Reach:

FH India operates across multiple states in India, including:

- Madhya Pradesh
- Chhattisgarh
- Uttar Pradesh
- Maharashtra

The organization has field offices in various cities and districts within these states, allowing for effective implementation of programs.

### Partnerships and Collaborations:

FH India works closely with various stakeholders, including:

- **Government:** State and district governments, Panchayati raj institutions, and health departments.
- **Corporate:** Godrej Good and Green, HDFC Bank, Avantha Foundation, BILT.
- **Civil Society:** Local NGOs and CSOs.
- **UN Agencies:** UNDP, WHO.

### Funding and Resources:

The organization has a sound financial structure and effective human resources management to ensure compliance with Indian laws and regulations. FH India has successfully managed CSR development projects funded by various entities, including corporate partners and government agencies.

### Overall Impact:

FH India's work is making a significant impact on the lives of marginalized communities in India by addressing critical health, nutrition, water, and sanitation needs. Through its collaborative approach and focus on sustainable development, FH India is contributing to the overall improvement of quality of life in the regions it serves.

## Past Projects

### 2009-2012

**People Living with HIV (PLHIVs) project-** During the year 2010 - 2011, FH India work has benefited 1,668 PLHIVs in Maharashtra and Orissa in partnership with Avantha Foundation and BILT. A total of 1,668 PLHIVs are registered at both the Antiretroviral therapy (AIDS treatment, ART) centres (735 at Ballarpur and 933 at Koraput). Of these 326 and 480 PLHIVs are on ART at Ballarpur, Maharashtra and Koraput, Orissa respectively. This work has been undertaken in areas that are among the most underdeveloped in India and the PLHIVs are drawn from economically and socially backward sections of the society. The work complements the work done by the Government of India through NACO and the State AIDS Control Societies of Maharashtra and Orissa.

FH India continued to strengthen and scale up its work with PLHIVs and undertook a range of activities for the betterment of their lives in year 2011-2012. A total of 1,926 PLHIVs are registered at both the Antiretroviral therapy (AIDS treatment, ART) centres (814 at Ballarpur and 1,142 at Koraput). Of these 350 and 578 PLHIVs are on ART at Ballarpur, Maharashtra and Koraput, Orissa respectively.

### 2013 - 2014

1. **Poverty reduction:**
  - a. Implement projects with marginalized and poor populations on economic livelihood, access to social protection and welfare schemes of national and state governments and income generation programs
2. **Education**
  - a. Implement projects with girls to improve retention in higher secondary schools and complete education up to 10th standard in northern states in India
  - b. Improve quality of education provided in schools (primary and secondary) in collaboration with national and state education departments
  - c. Strengthen pre-school education and early education in collaboration with Ministry of Women and Child Department and state departments
  - d. Strengthen vocational training and skills training for older adolescent children
3. **Medical relief**
  - a. Implement project activities to increase availability; accessibility and supply of Zinc and Oral Rehydration Salt (ORS) as part of the Diarrhea Alienation through Zinc/ ORD (DAZT) Project in the states of Uttar Pradesh, Madhya Pradesh and Gujarat.
  - b. Strengthen education, information and communication around HIV/ AIDS; Family Planning; Tuberculosis and Maternal Child and Neonatal Health at the national level and in select states in India.

### 2014 - 2015

FH India continued to strengthen and scale up its work with PLHIVs and undertook a range of activities for the betterment of their lives Koraput (Orissa) and Chandrapur (Maharashtra).

World Health Organization (WHO) provided a grant to Family Health India in February 2015 to support charitable activities on integration of tobacco cessation among tuberculosis patients in the state of Rajasthan.

Family Health India staff and consultants assisted the Rajasthan TB Control Program in conducting training of trainer's workshop at state level (March 2015) and at District level (March 2015).

## 2017 - 2020

**SAMARTH - Integrated rural development project** - In the year 2017 Project SAMARTH was started with support of HDFC bank. Project aims at integrated rural development including integrated rural development, environment sustainability, quality education, renewable energy, agriculture development, formation and strengthening self-help groups and livelihood promotion.

## 2021 - 2023

**Youth ki Awaz project** - Youth ki Awaz (YKA) Project, supported by the Corporate Social Responsibility (CSR) initiative of Godrej Consumer Industries Private Limited is being implemented in four intervention villages near Godrej Factory location in Malanpur, Bhind, Madhya Pradesh.

## Current Projects

**Elimination of mosquito borne endemic diseases (EMBED) project (Rural)**- EMBED project is aimed to contribute to the goal of elimination of malaria from India by 2030. Goal of the project is to reduce morbidity and mortality due to malaria and dengue. The field teams include community volunteers and behaviour change facilitators (BCCF) who conduct village chaupals (small group meetings), make door-to-door household visits, conduct community awareness drives using local folklore and demonstrating use of bed nets, support the government frontline workers in undertaking larva surveys and fever screening; supporting the department of health in the distribution and use of long-lasting insecticide nets (LLIN) and indoor residual sprays (IRS); and tracking cases of malaria and following-up for treatment adherence

**Elimination of mosquito borne endemic diseases (EMBED) project (Urban)**- The Elimination of Mosquito Borne Endemic Diseases (EMBED) Project (Urban), supported by the Good and Green, Corporate Social Responsibility (CSR) initiative of Godrej Consumer Industries Private Limited started in December 2020.

The Project interventions started in four cities in Madhya Pradesh and Uttar Pradesh i.e. Bhopal, Gwalior and Lucknow, Kanpur. This phase of the project covers a total of 400 slums of high burden of dengue cases across these four cities in two states. The key approaches adopted included: influencing positive behavior change through group meetings complemented with home visits and community mobilization and awareness creation activities; linking families to health care providers for timely diagnosis and treatment of Dengue and Malaria; and training of ASHA workers and health care providers (HCP) on early and correct diagnosis and treatment for dengue and malaria.

## SAHYOG

SAHYOG is a capacity building programme of NACP. Under the Global Fund for AIDS, TB and Malaria (GFATM) new grant (April 2021 -March 2023), HLPPT along with Family Health India and Public Health Foundation of India as Sub Recipients are implementing the Capacity Building project with NACO.

SAHYOG is a capacity building programme of NACP which was introduced in 1st of April 2021 that will continue till 31st March of 2024. Under this project training programmes will be organised in the 36 states/UTs of India. The Principal Recipient (PR) for the “SAHAS Grant” for GFATM is the National AIDS Control Organization (NACO) - Ministry of Health & Family Welfare (MoHFW) - Government of India (GoI) from April 1, 2021 to March 31, 2024. For Project Component-Capacity Building, a Memorandum of Understanding (MoU) was signed between NACO-MoHFW-GoI and Hindustan Latex Family Planning Promotion Trust (HLPPT).

### **Community Led Monitoring in Three Northeast States of India- A Pilot Initiative**

Community System Strengthening (CSS) is a key strategy that has been adopted by the National AIDS Control Program (NACP) in India as it moves from Phase IV to Phase V. One of the most crucial components of the CSS framework is Community-Led Monitoring (CLM). CLM can play a key role in bringing to focus the ground realities of availability and access to HIV-related service provision, service quality, and the barriers associated with service delivery. With funding support from the Centers for Disease Prevention and Control (CDC) and UNAIDS, Family Health India piloted the implementation of CLM in 15 districts in the three Northeast states (Manipur, Mizoram, and Nagaland) using the tools developed by the National AIDS Control Programme.

#### **Thematic Areas of Work**

- **Health and Sanitation:** Vector Borne Diseases (VBD), HIV/AIDS, reproductive, maternal, neonatal, child and adolescent health (RMNCH+A) and Health system strengthening; water, sanitation, and hygiene (WASH)
- **Environment:** Solid and plastic waste management, Renewable energy, and Environment sustainability
- **Education:** Health awareness sessions at upper primary and secondary level, teacher's orientation, engagement of children in community awareness drives, upgradation of classrooms and science laboratories
- **Livelihood:** Livelihood promotion and entrepreneurship development and sustainable agriculture and livestock development
- Youth Engagement
- Renewable Energy
- Watershed Management
- Agriculture Development

## Summary Achievements

<b>37,621+</b> Villages and Slums Covered	<b>1,788,956 +</b> Household Reached
<b>11,276+</b> Village Health and Nutrition Days (VHND) supported.	<b>1,645</b> School Reached
<b>1,218</b> Health Care Providers Trained on Dengue and Malaria	<b>12,261</b> ASHA Trained on Dengue and Malaria
<b>61,530</b> Cluster Reached Through Home Visit	<b>8,289</b> Community Volunteer Trained
<b>1,149</b> Communication Campaign and Awareness Drives	<b>230</b> Press coverage
<b>71</b> Master Trainer Trained	<b>1920</b> Participants (1893+27 NACO)

## Our Key Achievements

### Fighting Vector Borne Diseases - Malaria and Dengue

FH India works with rural and urban areas to decrease in malaria and dengue related morbidity by sustainable behaviour change and continued access to services for prevention, diagnosis, and treatment.

FH India works with rural and urban community on health and sanitation. Our team support government frontline workers (ASHA) in early diagnosis of malaria and dengue in rural tribal and slum areas. Health camps are organised from time to time during peak season. Field workers do regular follow-up of patients who test positive for treatment completion. The team works with gram panchayats and community volunteers on sanitation and cleaning drives in villages and slums. During the period of 2023-24, 12,261 ASHA workers and 1,218 health care providers (HCP) were trained on vector borne disease prevention, control, and treatment. World Malaria Day and National Dengue Day observed in all 22 project districts.

ASHA/USHA workers were initially not confident in administering the rapid diagnostic testing kit (RDT) for malaria. After hands-on training and technical trainings using e-modules developed by FH India, they started testing and reporting cases. They also learned dose and medicine administration for malaria. As a result of that screening and testing, number of suspected malaria cases increased and were linked to treatment.



*Blood testing by ASHA, Jabalpur (Photo: FH India)*

Social awareness and community mobilization through community meetings and household visits is one of the primary areas of the work of our field workers. Regular community meetings earlier called chaupals are held in every 25-30 family clusters now we have shifted to household visits through cluster visits. 61,530 Clusters visit were conducted in the reporting year, reaching 1,681,048 families four times through the year with the messages on malaria prevention, control, and treatment. Household visit to give messages on dengue malaria, increased community awareness about mosquito borne diseases and how they can reduce mosquito breeding by cleanliness, use of mosquito net and other repellents.



Home Visit session on malaria (Photo: FH India)

FH India conducted various community drive events, like Sanitation drives were conducted by village youths to make community aware about use of household toilets by all members, storage and handling of drinking water, handwashing practices by all household members, communication Van, National Dengue Day, National Youth Day, World Malaria Day.



Malaria Month Activities, 2023 celebration in district (Photo: FH India)

Working with students is always beneficial to change social behaviour. FH India worked closely with the schools and school-going children. 1,645 school awareness campaigns were conducted on vector borne diseases. Children were engaged in cleanliness drives and in undertaking rallies on different themes on different occasion.



*Students learning about malaria through play-way method (Photo: FH India)*



*IECBCC display in Health Mela (Photo: FH India)*

## Youth Engagement for Civic Action Progress Update

Youth engagement for civic action project initiated in urban area of Gwalior, Lucknow, Bhopal, Kanpur, Raipur, Jabalpur, Indore, Meerut, and Agra with goal “Garner civic action towards mosquito borne diseases by helping to create a bridge between communities and municipal bodies and health authorities”. A total of 8,272 Youth volunteer has been registered; 8,970 youth volunteers participated in trainings which were conducted on modules on dengue and malaria prevention. Around 1,388 interface meetings were held, activities like national youth day, mosquito day, national dengue day, malaria day were conducted with civic bodies.



## SAHYOG

### SAHYOG IS A CAPACITY BUILDING PROGRAMME OF NACP

#### Progress & Achievement -

- 34 states and Union territories covered in year 2023-2024 out of 36
- 83 batches of training conducted national and state levels where 1920 participants trained
  - NACO 27
  - SACS - 466
  - TSU - 73
  - SETU-38
  - DAPCU/DISHA - 694
  - DACO- 476
  - Total Bridge population- 75



## Our Team

### Senior Leadership

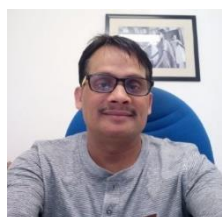


**Dr. Bitra George, Director**, has more than 27 years of experience in managing sexual and reproductive health and HIV/AIDS programs in India, spanning national and community levels. He is the Country Director of the FHI 360 India, Sri Lanka and Maldives Country Offices since March 2003. Dr. Bitra is managing a complex portfolio of public health projects on HIV/AIDS, family planning, vector borne diseases and health system strengthening. Dr. Bitra George a Director and member of the Board of Directors (BoD) of FH India since 2008.



**Sharad Malhotra, Director**, has over 25 years of experience in financial and administrative management of development projects. As Director, Finance and Administration of FH India, he is responsible for procurement and financial and contractual management. Mr. Malhotra currently supervises the finance, contracts and grants, administrative staff and liaises with the FH India field offices. He is familiar with the compliances and reporting requirements of several donors including USAID, CDC, BMGF, UN, Indian Foundations and CSR. Mr. Sharad Malhotra is a member of the Board of Directors (BoD) of FH India since 2008.

### Management Team



**Som Kumar Sharma, Associate Director** has over 20 years of experience in managing public health programs, nurturing partnerships, consortium management, health systems strengthening. His experience includes managing large scale programs on reproductive, maternal, new-born, child and adolescent health (RMNCH+A), family planning, routine immunization, tuberculosis, HIV/AIDS, vector borne diseases, and WASH. His current areas of expertise are program management and managing technological innovations in public health.



**Rajesh Kumar Mishra, M&E and Documentation Officer** has more than 14 years of experience in the field of knowledge management, documentation and monitoring and evaluation (M&E). He is responsible for designing and operational roll-out of documentation, knowledge management, M&E and research assignments.



**HR, & Compliance Officer:**



**Ameet Miittal, Senior Finance and Administration Officer**



**Santosh Mehra, Finance and Admin Officer**

## Financials

3 years audited financials.

Year	2021-2022	2022-2023	2023-2024
Total Income	5,39,52,426.00	12,15,64,085.00	13,51,31,803.00
Total Expenditure	5,46,51,401.00	12,18,13,848.00	13,54,49,380.00

## मनाया जा रहा मलेरिया जागरूकता सप्ताह

दैनिक नैतिक टाइम्स बालाघाट। जिला स्वास्थ्य समिति बालाघाट, मुख्य चिकित्सा एवं स्वास्थ्य अधिकारी डॉ मनोज पांडेय तथा जिला मलेरिया अधिकारी बालाघाट डॉ मनीषा कुंजुज के निदेशन में बालाघाट में मलेरिया डम्पून हेतु कार्य किए जा रहा है जिसमें एंबेड परियोजना भी मुख्य रूप से कार्य कर रही है। प्रति वर्ष की प्रति इस वर्ष भी 25 अंश के विध मलेरिया दिवस का आयोजन किया जा रहा है, इस वर्ष मलेरिया दिवस के अवसर पर 21 से 27 अंश तक मलेरिया जागरूकता सप्ताह के रूप में मनाया जा रहा है। इसी क्रम में 24 अंश को सामुदायिक स्वास्थ्य केंद्र बेहर में जिले के अति मलेरिया प्रभावित विकासखंड बेहर और बिरसा के समस्त संकेत



सुपरवाइजर, सीएचबी एवं एंबेड परियोजना के बोसोसिएफ की बैठक का आयोजन जिला मलेरिया अधिकारी एवं खंड चिकित्सा अधिकारी बेहर की अध्यक्षता में एंबेड परियोजना द्वारा किया गया। बैठक में आनेवाले समय में मलेरिया डम्पून हेतु कार्य करने हेतु एक साधन रणनीति बनाई गई जिसमें प्रत्येक कार्यकर्ताओं को रणनीति पर

चर्चा और सुझाव दिए गए। बेहर और बिरसा के जूनियर कार्यकर्ताओं को टस्कफोर्स का गठन किया गया जो सीधे जिला मलेरिया अधिकारी तथा खण्ड चिकित्सा अधिकारी को रिपोर्ट करने की मलाह दी गई। साथ ही सजलाता से कार्य करने जा सन्देश दिए गए। बैठक का समान शरथ ग्रहण जिसमें मलेरिया डम्पून के लक्ष्य की प्रति को आस के

साथ किया गया। बैठक में डॉ मनीषा कुंजुज जिला मलेरिया अधिकारी, डॉ सुनील सिंह, एंबेड की जिला समन्वयक कोनन सिंह, मलेरिया टेक्निकल सुपरवाइजर शिवरतन धेरमते, समस्त सेक्टर सुपरवाइजर बेहर, बिरसा विकासखण्ड, परेश ठाकुरे प्रोग्राम एसोसिएट, बोसोसिएफ एंबेड परियोजना, सीएचबी समीक्षण रहे।

## राष्ट्रीय डेंगू दिवस पर निकली जागरूकता रैली, अमले ने लिया रोकथाम का संकल्प



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राष्ट्रीय डेंगू दिवस पर आज राजधानी में विविध जागरूकता कार्यक्रम आयोजित किए गए। इस अवसर पर मलेरिया विभाग की टीम ने जागरूकता रैली निकाली तथा राजधानी में डेंगू की रोकथाम का संकल्प लिया।

बाग सेवनिया डिस्पेंसी में आयोजित कार्यक्रम में पार्षद जितेन्द्र शुक्ला, विभागीय कर्मचारी अधिकारियों के साथ ही एम्बेड परियोजना के डॉ. संतोष भार्गव सहित आशा ऊषा कार्यकर्ता, एंटी लार्वा आपरेशन स्कीम के

कर्मचारी और गणमान्य नागरिक शामिल हुए। कार्यक्रम में मलेरिया विभाग की टीम ने लोगों को डेंगू के लक्षण, कारण और रोकथाम के उपायों की जानकारी दी। विभागीय टीम के उर्मिला सिंह, राकेश सोनपुरे, विवेक रैकवार सहित अन्य साथियों ने बचाव के साथ ही मच्छरोधी उपाय अपनाने पर बल दिया। जिला मलेरिया डा. अखिलेश दुबे के मुताबिक टीम के परिश्रम से राजधानी सहित समूचे जिले में मलेरिया और डेंगू पूरी तरह से काबू में है, इस स्थिति को बनाए रखने के लिए सर्वे, चेकअप कैंप और जागरूकता अभियान चलाया जा रहा है।

## ‘मलिन बस्तियों में मच्छर पैदा होना रोकेंगे’

कानपुर (एसएनबी)। रामा देवी में गुरुवार को जिला स्वास्थ्य समिति के तत्वावधान में मलिन बस्तियों के 21 युवा स्वयंसेवकों को प्रशिक्षण दिया गया। बस्तियों में मच्छरों की पैदाइश रोकने के लिए साफ सफाई, लार्वा नाशक रसायन का छिड़काव व अन्य गतिविधियों की जानकारी दी गयी।



फेमिली हेल्थ इंडिया की कार्यशाला में शामिल लोग।

एम्बेड परियोजना कार्यालय में फेमिली हेल्थ इंडिया के सहयोग से आयोजित कार्यशाला में प्रशिक्षक अभय राजपूत ने बताया कि छोटे उपाय अपनाकर मलेरिया, डेंगू व अन्य मच्छरजनित रोगों से परिवार को बचा सकते हैं। जिला समन्वयक सम्मान सिंह ने बताया कि नगर की बस्तियों के 500 युवा

स्वयंसेवक को प्रशिक्षण दिया जा रहा है। यह लोग अपनी बस्ती में मच्छर जनित रोगों से बचाव, नियंत्रण व इलाज को लेकर योगदान देंगे। बुखार आने पर निकट के स्वास्थ्य केंद्र में निःशुल्क जांच व इलाज मुहैया करायेंगे। इसके तहत स्वयंसेवकों को प्रशिक्षण दिया जा रहा है।

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